

Geography - Food

Where does our food come from?

What is Fair Trade?

Fair trade is a worldwide movement that aims to help farmers and producers in less economically developed countries get a fair price for their products.

What are food miles? *Food miles are the distance different foods have to travel so that we can buy them.*

VOCABULARY

Sustainability: *avoidance of the depletion of natural resources in order to maintain an ecological balance*

Trade: *the action of buying and selling goods and services*

Source: *a place where something originates or from where it can be obtained*

Design Technology

How can a dessert form part of a healthy diet?

What are the five main food groups?

The five main food groups are protein, carbohydrates, fats, dairy and fibre.

What do you need to eat and drink to be healthy?

Good health involves drinking enough water and eating the right amount of foods from the different food groups.

VOCABULARY

Dessert: a sweet course eaten at the end of a meal

Protein: a substance which helps our body repair itself.

Carbohydrates: foods which give us energy

Fats: help store energy for our bodies

Dairy: products made from milk or having to do with milk products.

Fibre: important for helping us digest our foods.

Year 4 Spring 2
Topic Mat

Food Glorious Food



The learning you child will be doing in each subject this term is based on a key question.

The subsequent questions and vocabulary are some of the small steps they will take to achieve their answer.

Please discuss these with your child to help support and reinforce the work they are doing in class.

Science - The Digestive System

What happens when you eat something?

What are the different types of teeth and what is the purpose of each type?

Incisors (for cutting food) / canines (for tearing & ripping food / pre-molars & molars (for chewing & grinding food).

What is digestion?

Food passes through the body with the nutrients being extracted and the waste products excreted, this process is called digestion.

VOCABULARY

digestive system: *designed to extract the goodness from food and get rid of the left overs.*

oesophagus: *The tube in the body which takes food from the mouth to the stomach.*

intestine: *A long tube through which food travels from the stomach and out of the body while it is digested.*

Religious Education - Christianity: Salvation

Why do Christians call the day Jesus died 'Good Friday'?

What is the symbolism of Holy Communion?

Christians take Holy Communion as a way of remembering the events of the Last Supper.

What is Holy Week and what does it mean for Christians?

Palm Sunday, Good Friday and Easter Sunday are part of Holy Week, and is the culmination of Jesus' earthly life, leading to his death and resurrection.

VOCABULARY

Salvation: *deliverance from sin and its consequences, believed by Christians to be brought about by faith in Christ.*

unleavened bread: *bread made without yeast or other raising agent.*

communion: *the service of Christian worship at which bread and wine are blessed and shared*