

Religious Education

What would Jesus do to solve the problems in modern life?

Facts	<p>What is a mission statement? A formal summary of a religious group's intentions and guidelines for their ideals.</p> <p>Why did Jesus give sermons? Sermons were used to teach the people about the ways in which Jesus thought they should live.</p>

Vocab	<p>Mission- The religious calling of a group of people to share their beliefs.</p>
	<p>Peace-Freedom from disturbance, full of tranquility and calm.</p>
	<p>Oppressed- subjected to harsh treatment in order to keep others from being free.</p>

PHSE


What can we do to maintain a healthy body and a healthy mind?

Facts	<p>How does sleep contribute to a healthy lifestyle? A good night's sleep helps the brain and body to function. It improves memory, concentration and decision making.</p> <p>Who can suffer from difficulties with mental health? Children understand that anyone, at any time, can struggle with their mental well-being. They know that they can seek help and support from trusted adults at home and at school.</p>

Vocab	<p>Physical Well-being—Looking after and feeling good in your body.</p> <p>Mental Well-being— Looking after and feeling good in your mind.</p> <p>Balanced Diet—A diet consisting of a variety of different types of food.</p>

Year 5
Summer 1
Topic Mat

History of Exploration



Can your child answer these questions?

By the end of this half term all children should be able to remember these key facts.

Science

How do forces affect our daily lives?

Facts	<p>What is a force? A force causes an object to start moving, stop moving, speed up, slow down or change direction.</p> <p>What is gravity? Gravity is a force that acts at a distance. Everything is pulled to the Earth by gravity.</p>

Vocab	<p>Gravity-objects are pulled towards the Earth using the invisible force of gravity.</p>
	<p>Air resistance – a type of friction caused by air pushing against any moving object.</p> <p>Water resistance – a type of friction caused by water pushing against any moving object.</p>
	<p>Friction – a force that acts between two surfaces or objects that are moving, or trying to move, across each other.</p>

History

What did people find when they first explored the world?

Facts	<p>How do we know what happened in the past? Historians look at many different sources of evidence and then put the evidence together to make the most factual account that they can.</p> <p>What does it take to be an explorer? It takes courage and bravery to face unknown places. An explorer needs to be curious about the world and determined to persevere even though it may be difficult.</p>

Vocab	<p>Explore – to travel to and through an unfamiliar area to understand it.</p> <p>Exploration – the act of exploring new places.</p> <p>Explorer – a person who explores.</p> <p>Cause – why something is done.</p> <p>Consequence – the effects of something happening.</p> <p>Characteristics – features of your personality.</p>